The Hydro Tasmania

TULLAH CHALLENGE

Description

Paddle

Paddle 4.5 km on the Lake at Tullah beginning with a deep water start, across open reaches turning under the Mackintosh Bridge around the buoy. Motorised boats will adequately patrol the course. Competitors may use a surf ski or kayak but must wear a buoyancy vest. Australian Safety Standards apply.

Cycle

Cycle 29 km on a well maintained road through West Coast . Wilderness to the Bastyan Power Station turn-off and return. All cyclists must wear an approved safety helmet. Australian Safety standards apply. Be careful: the course will remain open to other vehicles during the event. Cyclists are individually responsible for following traffic laws.

Run

RUN 7.5 km on a bush track circuit through Rainforest and around the lakeshore before finishing back in the town. The route is well marked. The bush track run is a circuit initially following the historic Sterling Valley tramway track. The route then passes through rainforest to the Murchison Dam Road. After crossing the Murchison Highway, it follows the lakeshore before finishing back in the town. The route will be very well marked.

Conditions of Entry

- Competitors shall be at least 13 years old on the day,
- Competitors shall wear official race numbers over clothing,
- Competitors shall attend the Pre Race briefing,
- The Tullah Challenge is a multi-sport event with the emphasis on fun and participation,
- Paddle, cycle and run sections each begin with a mass start,
- Each leg starts and finishes more or less in the centre of Tullah,
- Cycles, Helmets, kayaks and buoyancy vests will be scrutineered prior to the race,
- Competitors must give assistance to others as required during the race,
- Spectators are encouraged to follow the race but escorting competitors is not allowed,
- The Organisers may take action on the day of the race to ensure the success of the event and the safety of the competitors e.g.: excluding competitors and modifying the course,
- Paddle Leg competitors **-** Two rescues and you face disqualification from the paddle leg,
- Cycle Leg competitors – Drafting is not permitted,
- Juniors must be under 18 years on the day and veterans at least 40 years on the day.

Be aware the Tullah Challenge can be a stressful event
The event Organisers take all care but accept no responsibility